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(60 minutes)

Adverse Childhood Experiences and Their Relationship to Adult Health and Well-being



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UP TO 2 AMA PRA CATEGORY 1 CREDITS™

This activity is designed for primary care physicians and other interested healthcare professionals.



Recent studies have shown that adults who have experienced multiple adverse childhood events (ACEs) such as abuse, neglect, and household dysfunction are at an increased risk for the development of adult diseases, including ischemic heart disease, cancer, chronic lung disease, skeletal fractures, and liver disease. In this video, Dr. Felitti explores the relationship of health risk behavior and disease in adulthood to the breadth of exposure to childhood emotional, physical, and sexual abuse, and household dysfunction. Effective adult screening techniques are reviewed to help physicians partner with their patients to recognize and manage the long-term medical impact of ACEs. Strategies for improving recognition, treatment and prevention of ACEs in children can help reduce risk factors for life-threatening diseases later in life.

LEARNING OBJECTIVES

After taking part in this CME activity, participants should be able to:

- conceptualize and evaluate a patient case in which a chronic disease or abnormality is associated with a history of abusive childhood experiences, and
- explain the long-term medical impact of childhood sexual abuse, domestic violence, and other adverse childhood experiences to patients who acknowledge such adverse experiences during a complete medical history.

CME CREDIT DESIGNATIONS

ACCME The Network for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

AMA NCME designates this educational activity for a maximum of 2 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

AAFP This activity has been reviewed and is acceptable for up to 1 Prescribed credit by the American Academy of Family Physicians. AAFP accreditation begins July 31, 2006. Term of approval is for one year from this date, with option for yearly renewal.

AOA This activity is eligible for up to 2 hours of credit in category 2-A of the American Osteopathic Association.

SUGGESTED RESOURCES

- Anda RF, Felitti VJ, et al. Insights into intimate partner violence from the adverse childhood experiences (ACE) study. In: Salber PR, Taliaferro E, eds. *The Physician's Guide to Intimate Partner Violence and Abuse*, Volcano, CA: Volcano Press; 2006.
- Anda RF, Felitti VJ, Chapman DP, et al. Abused boys, battered mothers, and male involvement in teen pregnancy. *Pediatrics*. 2001;107:e19.
- Dong M, Giles WH, Felitti VJ, et al. Insights into causal pathways for ischemic heart disease: Adverse Childhood Experiences Study. *Circulation*. 2004;110:1761-1766.
- Dube SR, Miller JW, Brown DW, et al. Adverse childhood experiences and the association with ever using alcohol and initiating alcohol use during adolescence. *J Adolesc Health*. 2006;38:444.e1-444.e10.
- Felitti VJ. The relationship between adverse childhood experiences and adult health: Turning gold into lead. *The Permanente Journal*. 2002;6:44-47. Available at: <http://xnet.kp.org/permanentejournal/winter02/winter2002.pdf>. Accessed June 30, 2006.
- Felitti VJ, Anda RF, Nordenberg D, et al. Relationship of childhood abuse and household dysfunction to many of the leading causes of death in adults. The Adverse Childhood Experiences (ACE) Study. *Am J Prev Med*. 1998;14:245-258.

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