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# NCMETV™

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## Is It Delirium or Dementia? How to Differentiate and Manage the Two Common Age-related Conditions

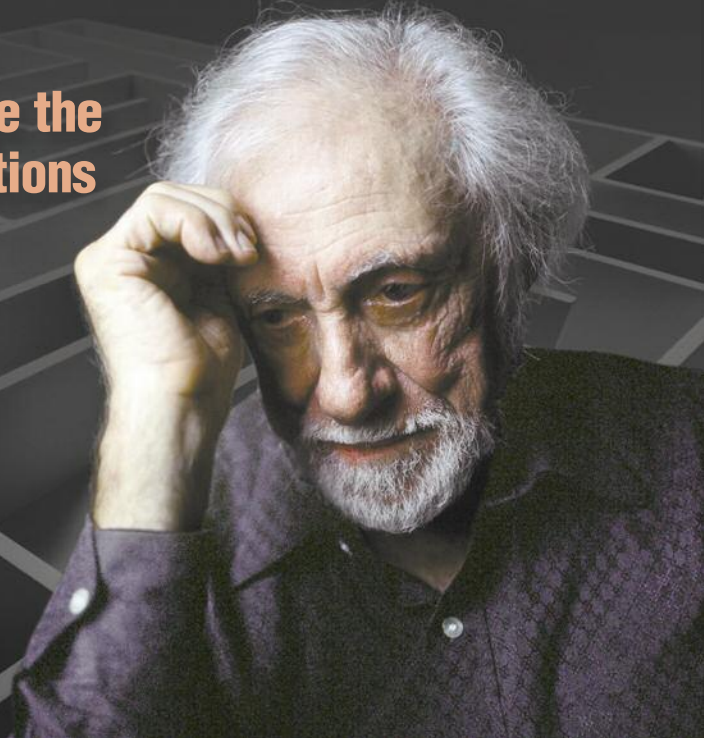
### Jay Lombard, DO

Chief of Neurology  
Bronx-Lebanon Hospital  
Bronx, New York  
Clinical Assistant Professor of Neurology  
Cornell University Medical School  
New York, New York

(60 minutes)

#### UP TO 1 AMA PRA CATEGORY 1 CREDIT™

This activity is designed for primary care physicians, internists, emergency medicine specialists, neurologists, and other healthcare professionals involved in the care of patients who present with delirium and/or dementia.



Two common cognitive disorders that frequently pose a challenge in the acute care setting are delirium and dementia. Distinguishing between these two age-related conditions can often be difficult. Moreover, these disorders often occur together in older hospitalized patients. The inability to diagnose delirium or dementia appropriately can increase morbidity and mortality in this patient population. It is therefore important to understand these conditions in detail, as well as to have a firm grasp on diagnosis, causes, and treatment options. In this video, Dr. Jay Lombard reviews the pathophysiology, etiology, and clinical characteristics of each of these conditions, and provides the latest evidence-based treatment approaches to effectively manage patients presenting with delirium and/or dementia.

#### LEARNING OBJECTIVES

After taking part in this CME activity, participants should be better able to:

- Describe the clinical presentation of delirium and dementia
- Differentiate between patients presenting with delirium and those presenting with dementia
- Implement effective treatment strategies for delirium and dementia

#### CME CREDIT DESIGNATIONS

**ACCME** The Network for Continuing Medical Education (NCME) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**AMA** NCME designates this educational activity for a maximum of 1.0 *AMA PRA Category 1 Credit™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**AAFP** Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**AOA** This activity is eligible for up to 1.0 hour of credit in Category 2-A of the American Osteopathic Association.

#### SUGGESTED RESOURCES

- American Psychiatric Association. Practice Guidelines for the treatment of patient with delirium. *Am J Psychiatry*. 1999;156(5 suppl):1-20. (Revised August 2007).
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- Inouye SK. Delirium in older persons. *N Engl J Med*. 2006;354(11):1157-1165.
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- Kulansky G, Buschke H, Katz M, Sliwinski M, Lipton RB. Screening for Alzheimer's disease: the memory impairment screen versus the conventional three-word memory test. *J Am Geriatr Soc*. 2002;50(6):1086-1091.
- Raina P, Santaguida P, Ismaila A, et al. Effectiveness of cholinesterase inhibitors and memantine for treating dementia: evidence review for a clinical practice guideline. *Ann Intern Med*. 2008;148(5):379-397.
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